**2021 TOWN OF LEWISBORO 2021**

## JUNIOR GIRLS DIVISION - GRADES 3, 4 & 5

We follow NCAA rules except for the following local rules:

1. Standings will not be kept in this division. There are no playoffs in this division and every participant will be presented a participation award at the end of the season.
2. Games will be played at the Lewisboro Town Park.
3. Ten (10) foot rims and backboards will be used for all games.
4. When circumstances dictate due to inclement weather or other reasons, no practices or games will be held. Our website, [www.lewisbororecreation.com](http://www.lewisbororecreation.com), will be updated as well as our Facebook page: Lewisboro Parks and Recreation and an email blast will be sent out if you signed up for it. (call the recreation department <232-6162> for more information on this).
5. Practices: All teams are scheduled for one - one-hour practice session per week. Teams are **not** to extend practices past the one-hour practice time period or schedule additional practices at alternate sites.
6. The game will be divided into eight (8) five (5) minute segments. Two (2) segments per quarter. No participant may play greater than one segment more than a teammate. Exceptions may occur if a player must leave the game for any reason. Late arrivals may result in a participant playing fewer segments. A player arriving late or missing a part of the game other than for an injury will be penalized 1 segment of playing time for arriving after the 2nd segment has started, 2 segments once the 3rd has started, 3 segments once the 5th has started etc. The following chart lists the minimum and maximum number of segments to be played:

# of Players Minimum Segments Maximum Segments

6 6 7

7 5 6

8 5 5

9 4 5

10 4 4

If a player fouls out or is injured and unable to continue to play, the substitute player that completes the segment is charged with the segment ONLY if he/she enters with more than half the segment remaining. If a player fouls out or is injured and unable to continue to play during the final segment, a bench player with fewest segments played **must** be inserted into the game. If all on the bench have played an equal amount the coach of that team my select the player of his/her choice as the replacement.

NOTE: If known before the start of a game that a player will not be participating in the minimum number of segments due to illness or personal reasons (needs to leave early, nursing an injury, etc.) the coach **must** notify the opposing coach and scorekeeper and the site supervisor (Recreation Personnel or Head Official) as soon as possible.

1. **When circumstances dictate**, games can be played with less than 5 players (i.e. – if a team only has 4 players – both teams will play 4 on 4). Any less than 4 is a forfeit.
2. Jerseys – Team jerseys must be worn during the games.
3. Players who sustain an injury where bleeding occurs must be removed from the game immediately. Once the player's injury is taken care of and the bleeding stopped/controlled, the player may re-enter the game. If any blood is on the players’ shirt, the shirt must be removed and exchanged for another shirt. It does not have to be the same color or have a number.
4. Bench – Only team players and a maximum of two (2) coaches will be allowed on a team bench. Only one coach is allowed to stand at a time. Players and other coach must be seated during the game. Only one coach is to approach officials during a game for rule clarification or protest.
5. Game time - 40 minutes running time **except the last minute of the game**. Each quarter will be 10 minutes. The clock will stop briefly at the 5-minute mark of each quarter for substitutions. Play will stop after an official stoppage of play. Running time will take effect if a team is up fifteen (15) points or more during the last minute of the game.
6. Time outs - 2 per game at 1 minute each.
7. Time breaks - 1 minute between quarters and 3 minutes for half-time. There is to be **NO** shooting at the baskets by players, coaches, officials, scorekeepers or spectators during time-outs or breaks between quarters except half time.
8. **Ten Point Rule** – Score on the scoreboard will not be kept when a team reaches a ten-point lead. Score will resume when the score differential is ten points or less. There will be no fast breaks if a team is up by more than 10 points.
9. Defenses – Zone or Person to Person defense can be used.
10. Fouls – Junior Division – Fouls will be kept. 1 + 1 on the 7th team foul. 2 shots on the 10th team. Technical fouls count as a team foul. Each player gets five (5) fouls after receiving the fifth foul, player must exit the game. If you don’t have a substitute for the player the game will be four on five. Anytime the team drops to three players . . . the game will be called and the team forfeits.
11. Pressing - Junior Divisions – No trap pressing is allowed. Players may be picked up at half court. Teams will have 10 seconds to get ball over half court line.
12. Lane violations - Junior. Division - 5 seconds
13. Free throws – Junior Division – Short line and okay to go over the line. Six players line up, players may move at the release of the ball. Shooters and those beyond the arc must wait for the ball to hit the rim.
14. Three (3) point shots will **NOT** count.
15. Overtime – Junior Division - **NONE**
16. **Jewelry is NOT permitted (i.e. watches, rings, bracelets, necklaces, earrings, metal barrettes, etc.)**.
17. Technical Fouls – will be called for unsportsmanlike conduct and intentional fouls. We will continue to

use our zero-tolerance policy. When a second technical is called on a player or a coach it will result in an

ejection from the balance of the game and a one game suspension from the team’s following game.

1. Intentional Fouls – You must yell a play name instead of “foul him/her!” at the end of the game to try and

regain possession to try and win the game. Failure to do so will result in a technical foul (2 fouls shots

and possession).